

## **Introduction**

### **A Journey to Emmaus: Formation Program for Spiritual Directors Sponsored by Annunciation Monastery, Bismarck ND**

The Formation Program for Spiritual Directors is a two-year program designed for a person who desires to enrich their spiritual life, to discern whether they have a call to become a Spiritual Director, and/or to develop experientially the skills needed for Spiritual Direction.

### **Components of the Program**

#### **Education**

The educational component spans two years focusing on various aspects of spirituality and Spiritual Direction. Speakers as well as contemporary authors will be used.

#### **Spiritual Formation**

The spiritual formation component encompasses shared prayer, faith sharing, small group discussion on class presentations, required reading and writing, as well as one directed retreat each year. Each participant is expected to be actively engaged in Spiritual Direction during this program.

#### **Practicum**

The practicum component includes small group work, discernment skills, and opportunities for role play, as well as practice training. Supervision takes place during the second year when the participants begin to meet with directees.

## Introduction

### PRE-REQUISITES FOR ADMITTANCE

1. 35 years of age or older
2. A serious pursuit of one's spiritual journey - including a life of prayer
3. Willingness to discern a call to Spiritual Direction ministry
4. In Spiritual Direction for a minimum of one year
5. Has a B.A. or equivalent college education
6. Theological background: including study in Christian theology, scripture and spirituality
7. A desire to learn: ability to pursue the academic work which is part of this program
8. A serious commitment to a two year program, including:
  - time/willingness to engage in study
  - ability/readiness to name one's own experience, reflect on it and speak of it
  - active participation in group and individual activities of the classes held ***on one Saturday per month*** September through May
9. **Complete the application procedure outlined on separate document.**

## Introduction

### REQUIRED PROGRAM SESSIONS

- Second Saturday of the month from 9:00 AM to 4:00 PM
- Sessions held at Annunciation Monastery, Bismarck, ND
- Retreats held at Assumption Abbey, Richardton, ND

#### YEAR ONE: 2016-2017

September 10

October 8

November 12

December 10

January 14

February 11

March 11

April 8

May 19 – 21 (**Retreat**)

#### YEAR TWO: 2017-2018

September 9

October 14

November 11

December 9

January 13

February 9 – 11 (**Retreat**)

March 10

April 14

May 12 (**Graduation**)

### PROGRAM FEES:

- \$750.00 per year or \$ 1,500.00 for entire program.  
(Note: Program fees includes speakers' fees, materials, meals, and retreat. Books are purchased on your own and are additional cost.)

### QUESTIONS:

Contact Zanne Ness  
Phone: 701-426-7341  
Email: [zannec@bis.midco.net](mailto:zannec@bis.midco.net)

Contact Claudia Dietrich  
Phone: 701-426-6099  
Email: [cdietrich@bis.midco.net](mailto:cdietrich@bis.midco.net)

***Application form is on pages 4 & 5.  
Recommendation form is on pages 6 & 7.***

***Please note that applications and recommendations must be completed and received by April 1, 2016.***

***Following receipt and review of application, you may be contacted for a face-to-face interview with team members in May or June 2016.***

**APPLICATION FORM**  
**A Journey to Emmaus:**  
**Formation Program for Spiritual Directors**  
**Sponsored by Annunciation Monastery, Bismarck ND**  
**Fall 2016 – Spring 2018**

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_

EMAIL: \_\_\_\_\_

CURRENT OCCUPATION: \_\_\_\_\_

RELIGIOUS & CHURCH AFFILIATION: \_\_\_\_\_

NUMBER OF YEARS IN SPIRITUAL DIRECTION: \_\_\_\_\_

EDUCATION:

Undergraduate Degree and Program: \_\_\_\_\_

Graduate Degree and Program: \_\_\_\_\_

GENERAL HEALTH: Excellent \_\_\_\_\_ Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor \_\_\_\_\_

COURSE WORK (Please outline on separate sheet):

Formal and informal educational background  
 Courses (or comparable) in Theology and Psychology  
 Workshops or Seminars attended in past 10 years  
 Certificates received in related areas

EXPERIENCES WITH GROUPS RELATED TO SPIRITUALITY TOPICS (Please outline on separate sheet those experiences completed in past 5 years. Some examples include Bible Studies, Marriage Encounter, Faith Sharing Groups, etc.)

WRITE A BRIEF AUTOBIOGRAPHY (Please outline on 2-3 pages):

- Your faith development and spiritual journey
- Your relationship with God
- Experience of Spiritual Direction
- Your ability to work with others
- Reason for desiring to take this program

IS THERE ANYTHING ELSE YOU THINK IS IMPORTANT FOR US TO KNOW ABOUT YOU THAT HASN'T BEEN ASKED? (Please outline on separate sheet)

RECOMMENDATIONS: Using the Recommendation for Admission form on pages 6 -7, please photocopy the form for distribution to two (2) persons you have selected to be recommenders. These recommenders should know you, your faith journey, and your potential. Each recommender should return the form to you directly in a sealed envelope with his/her signature written across the seal. You will then submit these sealed envelopes along with the completed application (all in one packet). It is suggested that the two (2) persons be the following:

1. Someone who knows your spiritual journey (other than your Spiritual Director).
2. A pastor or someone from your faith community.
3. Your religious superior or leader, if you are a member of a religious order.

RETURN THIS FORM, COMPLETED RECOMMENDATIONS, AND INFORMATION REQUESTED TO:

Zanne Ness  
1971 Mesquite Loop  
Bismarck, ND 58503

QUESTIONS:

Contact Zanne Ness  
Phone: 701-426-7341  
Email: [zannec@bis.midco.net](mailto:zannec@bis.midco.net)

Contact Claudia Dietrich  
Phone: 701-426-6099  
Email: [cdietrich@bis.midco.net](mailto:cdietrich@bis.midco.net)

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**Recommendation for Admission to  
A Journey to Emmaus:  
Formation Program for Spiritual Directors  
Sponsored by Annunciation Monastery, Bismarck ND  
Fall 2016 – Spring 2018**

You have received this two (2) page form because you are being asked to provide a recommendation for this applicant's admission to A Journey to Emmaus: Formation Program for Spiritual Directors. *Please complete the form below and return it directly to the applicant in a sealed envelope with your signature across the seal.* If you wish to add a letter or additional comments that were not requested in this form or if you need more space to explain, please feel free to include a separate page.

Applicant's Name: \_\_\_\_\_

Your Name: \_\_\_\_\_

Your Relationship to Applicant: \_\_\_\_\_

Your Occupation: \_\_\_\_\_

*Your Contact Information:*

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

<b>Check the box most appropriate to the applicant</b>	<b>One of the Few Encountered in my Life</b>	<b>Outstanding</b>	<b>Excellent</b>	<b>Good</b>	<b>Average</b>	<b>Below Average</b>	<b>Not Able to Answer</b>
<b>Potential</b>							
<b>Emotional Maturity</b>							
<b>Community Involvement/Service</b>							
<b>Self-Responsibility</b>							
<b>Commitment to Prayer Life</b>							
<b>Intellectual Ability</b>							
<b>Open to the Work of Transformation</b>							
<b>Sense of Humor</b>							
<b>Leadership</b>							
<b>Overall</b>							

1. How long have you known this applicant? In what capacity?

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2. How would you gauge the applicant's readiness for a 2-year program such as "A Journey to Emmaus: Formation Program for Spiritual Directors"? (For program details, please visit [www.annunciationmonastery.org](http://www.annunciationmonastery.org)).

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3. Based on your knowledge of a Formation Program for Spiritual Directors, how would others in the program benefit from their participation?

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4. Describe a time when you witnessed the applicant deal with adversity of some kind. How did this experience challenge them? How did they respond?

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Should the program directors have further questions regarding the applicant, may they contact you? Yes / No